

WHY IS LIMITING WASTE IMPORTANT?

Reducing waste is part of reducing your carbon footprint. The less waste that is landfill bound, the less carbon dioxide that gets released into the atmosphere.



What is a carbon footprint?

A carbon footprint is the measure of the amount of carbon dioxide—the major man-made greenhouse gas and is a measure of CO₂ that is emitted per person due to their actions

Everything that people do affects the amount of carbon dioxide that goes into the atmosphere.

To calculate your carbon footprint:

<http://www.carbonfootprint.com/>



Resources:

stopglobalwarming.org

starrynightlights.com

carbonfootprint.com/



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Student Sustainability Initiative

Waste Reduction



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<http://recycle.oregonstate.edu/ssi>

REUSING, REDUCING, RECYCLING...

Identify what you buy and ask yourself if any of it is unnecessary, and how much use it will get

Bring reusable bags with you to the stores. Bring containers and plastic bags to grocery stores to put produce in.

Reuse any bags and containers as much as possible.

Donate old clothes, items, furniture etc, instead of throwing them away. Old stuff can go to Goodwill [1325 NW 9th Street; (541) 752-8278], Vina Moses [968 NW Garfield Ave;(541) 753-1420], or Benton Furniture Share-(541) 754-9511.

Bring your own containers when you eat out to take leftovers.

Bring your own coffee or tea mug when you go to a coffee shop.



You can purchase your own OSU Reuse-A-Cup from the SSC for only \$5!

Soft plastics can be recycled at Allied Waste and First Alternative Co-op.

Buy bulk whenever possible. (Fred Meyer, First Alternative Co-op, and Winco have large bulk sections)

Bike or walk whenever possible to eliminate the amount of carbon that is released into the atmosphere by car emissions.

Buy local and organic food whenever possible

Shop at the Saturday Farmers Market on 1st Street and at the Wednesday Market at the Fairgrounds on 53rd St.

Recycle all packages and containers. Call your recycling center or the SSI to find out if something is recyclable if you are unsure. You can find information on recycling at <http://recycle.oregonstate.edu>



Compost- It's easy!

Buy a bin studded with holes (check composters.com for options) or buy a bin (square or spherical) and use a power drill to make holes in the bin and place it outside.

Fill the bin with ½ full with leaves or newspaper. Dampen the leaves or news paper until it is as wet as a rung out sponge.

Toss in your food scraps, but no meat, fish, dairy or high fat foods like peanut butter! Then mix. Finally, add a 3-inch layer of newspaper or leaves on top of the mixture.

Continue to add food scraps to the bin but add a new 3-inch layer of newspaper or leaves each time you do.

Stir your pile monthly for six months After six months, compost forms at the bottom. Leave a little compost in the bin to inoculate the next batch but use the rest as fertilizer.

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